

NOVA University of Newcastle Research Online

nova.newcastle.edu.au

Hoefel, Gabriela; Tay, Hock & Foster, Paul. "MicroRNAs in lung diseases" Published in *Chest*, Vol. 156, Issue 5, p. 991-1000, (2019).

Available from: http://dx.doi.org/10.1016/j.chest.2019.06.008

© 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 license http://creativecommons.org/licenses/by-nc-nd/4.0/.

Accessed from: http://hdl.handle.net/1959.13/1414259

TITLE PAGE

Article title: MiRNAs in Lung Diseases

Full first and last names and highest academic degree

Gabriela Hoefel, BSc (Hons) – <u>Gabriela.AraujoHoefel@uon.edu.au</u>

Hock Tay, PhD - Hock.Tay@newcastle.edu.au

Paul Foster, PhD - Paul.Foster@newcastle.edu.au

Corresponding author: Paul Foster - Paul.Foster@newcastle.edu.au

Institutional affiliation: Priority Research Centre for Healthy Lungs, Department of Microbiology and Immunology, School of Biomedical Sciences and Medicine, Faculty of Health and Medicine, Hunter Medical Research Institute and The University of Newcastle

Institution at which work was performed: The University of Newcastle and Hunter Medical Research Institute

Conflict of interest Statement:

Gabriela Hoefel declares that there is no conflict of interest.

Hock Tay declares that there is no conflict of interest.

Paul Foster declares that there is no conflict of interest.

Financial/Nonfinancial disclosures: None declared

1 MicroRNAs in Lung Disease

- 2 Gabriela A. Hoefel*; Hock L. Tay[†]*; Paul S. Foster[†]*
- 3 *Authors contributed equally
- 4 *Priority Research Centre for Healthy Lungs, Department of Microbiology and Immunology, School
- 5 of Biomedical Sciences and Medicine, Faculty of Health and Medicine, Hunter Medical Research
- 6 Institute and The University of Newcastle.

7 **ABSTRACT**

- 8 Chronic inflammatory diseases of the lung are often life-threating and are a leading cause of
- 9 morbidity in our communities. MicroRNA (miR) are now recognized to play critical roles in a wide-
- 10 range of cellular functions including the regulation immunological processes, which are often
- 11 dysregulated in chronic respiratory diseases. These small non-coding RNA molecules regulate
- 12 networks of genes by inhibiting translation by targeting one or multiple messenger RNA transcripts.
- 13 In this review we highlight discoveries that identify important roles for miRs in the regulation of
- specific pathogenic features of a range of diseases. Further, experimental evidence suggests that
- pharmacological inhibition miR function or deliver of mimics may have therapeutic potential. Thus
- we also discuss the potential utility and limitations of therapeutically targeting these molecules and
- 17 their downstream pathways.
- 18 **Keywords:** respiratory diseases; miRNAs; immunological responses
- 19 **Abbreviations:** AHR = airway hyperresponsiveness; ALI = acute lung injury; BPD = bronchopulmonary
- 20 dysplasia; CCL = C-C motif chemokine ligand; COPD = chronic obstructive pulmonary disease; CXCL =
- 21 C-X-C motif chemokine ligand; EMC = extracellular matrix; EMT = epithelial-mesenchymal transition;
- HDM = house dust mite; IFN = interferon; IL = interleukin; IPF = idiopathic pulmonary fibrosis; IV =
- 23 influenza virus; LPS = lipopolysaccharide; miR = miRNA; NF- $k\beta$ = factor nuclear kappa β ; OVA =
- 24 ovalbumin; PBMC = peripheral blood mononuclear cells; RSV = respiratory syncytial virus; RV =
- 25 rhinovirus; TGFβ1 = transforming growth factor-β1; TNF α = tumor necrosis factor α .

26 MICRORNAs

- 27 MicroRNAs (miRs) are small non-coding RNA molecules (~22 nucleotides in length) that inhibit
- 28 protein translation in cells by blocking mRNA access to the translational machinery or by directly
- causing degradation of mRNA transcripts [1]. MiRs can regulate multiple mRNAs by binding to the
- 30 complementary sequences of the mRNA (in their 3' untranslated region). These miR-mRNA
- 31 interactions are facilitated by base pair complementary binding of the seed sequence of miRs,
- 32 located between nucleotides 2-8 at the 5' end of the miRs. Later studies demonstrated that
- imperfect binding of the miRs seed regions was also tolerated and can be compensated by pairing of
- 34 the miRNA 3' end to the mRNA transcript [1-3]. The canonical and non-canonical binding modes of
- 35 miRs are further reviewed by Hausser et al. [3]. These unique miR-mRNA interactions mean that
- 36 miRs dysregulation can affect multiple genes and potentially have functional implications on several
- pathways that contribute to disease pathogenesis. MiRs to date was known to play critical roles in
- 38 regulating wide-range of cellular functions and regulatory pathways such as apoptosis, organ
- 39 development, cell differentiation and proliferation (please see reference [4] for a comprehensive
- 40 description). Over the last ten years, as the biological role of miRNAs have been discovered, their
- 41 dysregulation has been linked to the pathogenesis of a range of diseases. In this review we will
- 42 highlight key findings that demonstrate the importance of these small RNA molecules to the

- 1 regulation of cells that are found in the lung and their contribution to the mechanisms underpinning
- 2 respiratory disease.

3 **ASTHMA**

- 4 Asthma is a chronic inflammatory disease of the lungs characterized by the influx of a range of
- 5 activated leukocytes (e.g. eosinophils and neutrophils) that often correlates with clinical features of
- disease such as airway hyperresponsiveness (AHR), airflow obstruction, mucus hypersecretion, and 6
- 7 structural alterations of the airway wall (remodelling) [5]. A growing number of studies have
- 8 demonstrated significant alterations in the expression and functional roles of miRs, which are linked
- 9 to pathogenic processes [6].
- Interleukin (IL)-13 and the transcription factor signal-transducer-and-activation-of-transcription-6 10
- 11 (STAT6) operated pathways have been shown to play critical roles in the regulation of hallmark
- 12 clinical features of asthma (e.g. AHR and remodelling) [7]. In this regard, miR-155 has been shown to
- 13 be upregulated to directly target transcripts for the IL-13 receptor $\alpha 1$ (IL13R $\alpha 1$) in human
- 14 macrophages, reducing the levels of IL13Rα1 protein, decreasing levels of activated STAT6, which
- 15 plays a pivotal role in regulating the IL-13 signalling pathway [8]. In conjunction with IL-13, other
- 16 genes that regulate inflammation have been described to be regulated by miR-155, such as
- 17 suppressor of cytokine signalling 1 (SOCS1), C-C motif chemokine ligand (CCL)-18 and Fc epsilon RII
- 18 (CD23) [8]. These molecules have been implicated in the pathogenesis of asthma and allergic
- 19 diseases [8]. The expression of miR-125b was decreased in asthmatic sputum samples by
- 20 comparison to controls and this miR was shown to regulate SAM-pointed-domain-containing-ETS-
- 21 transcription-factor (SPDEF), which plays a crucial role in the differentiation of airway goblet cells [9].
- 22 Moreover, when miR-125b was overexpressed in the lungs during the development of allergic
- 23 inflammation in a house dust mite (HDM) mouse model of asthma, mucus hypersecretion and goblet
- 24 cell differentiation were significantly decreased [9].
- 25 Mouse models have been widely used for the study of asthma pathogenesis and are often based on
- 26 sensitisation and aeroallergen challenge with Type-2 inducing allergens such as ovalbumin (OVA) and
- 27 HDM. Deep sequencing and microarray analysis have demonstrated increased levels of the miR-let-7
- 28 family in an OVA-induced model of allergic asthma [10]. Inhibition of miR-let-7 also decreases the
- 29 levels of a range of inflammatory cytokines (e.g. the type-2 cytokines IL-4, IL-5 and IL-13), revealing a
- 30 proinflammatory role of these miRs [10]. The use of a miR-145 inhibitor in a model of HDM induced
- 31 asthma decreased the levels of IL-5, IL-13, eosinophils and goblet cell hyperplasia in the lung [11].
- 32 Similarly, the levels of miR-16, miR-21 and miR-126 were also increased by HDM exposure when
- 33 compared to controls and shown to regulate key disease features [12]. For example, both miR-126
- 34 and miR-145 were shown to be involved in regulation of inflammation (e.g. eosinophilia), AHR,
- 35 mucus hypersecretion and cytokine production by T helper cell type 2 (Th2 cells) (through reduced 36 production of IL-5 and IL-13) [11, 12]. Expression of miR-126, was regulated by the toll-like receptor-
- 37
- 4 (TLR4) and myeloid-differentiation-primary-response-88 (MyD88) pathways [12]. In addition,
- 38 Collison et al. [11] have demonstrated that the use of antagomir (ant) to inhibit miR-145 function
- 39 also inhibited IL-5 and IL-13 by Th2 cells, decreased the number of eosinophils recruited to the 40 airways, mucus hypersecretion and the development of AHR, results that were shown to be similar
- 41 as to steroid treatment (a primary clinical treatment) [11].
- 42 MiRs have also been described to play a role in steroid-resistant asthma, which affects 5-10% of
- 43 patients [13]. MiR-9 levels were found to be increased in the sputum of neutrophilic asthmatic
- 44 patients (non-type 2) that are often resistant to the glucocorticoid therapy [14]. In the same study,
- 45 using a mouse model of steroid-resistant asthma, miR-9 was found to be increased in airway

- 1 macrophages and lung tissue [14]. Inhibition of miR-9 function reduced AHR and restored the anti-
- 2 inflammatory effects of dexamethasone by increasing the activity of the miR-9 target, protein
- 3 phosphatase 2A (PP2A) [14]. In infection (e.g. Haemophilus influenzae, influenza (IV) and respiratory
- 4 syncytial virus (RSV)) triggered exacerbation models of asthma, steroid-insensitive inflammation and
- 5 AHR in the lung were regulated by miR-21 modulating the PI3-kinase-mediated pathway [15].
- 6 Inhibition of miR-21 restored dexamethasone sensitivity resulting in attenuation of Th2 cytokine
- 7 levels (IL-4, IL-5 and IL-13), numbers of infiltrating airway inflammatory leukocytes and AHR [16].
- 8 Collectively, these studies show that targeting miRs directly or their downstream targets may
- 9 provide novel anti-inflammatory approaches to attenuate inflammatory responses in asthma [12].

10 IDIOPATHIC PULMONARY FIBROSIS (IPF)

- 11 IPF is a chronic and progressive disease of the lungs characterized by dense fibrosis and increased
- 12 proliferation of fibroblasts [17]. Epithelial injury in IPF is thought to initiate a series of events,
- including upregulation and downregulation of miRs, which may regulate the development of fibrotic
- lesions [18]. Indeed, microarray analysis of lung samples from IPF patients and healthy controls
- indicates a significant difference in the expression of miRs between diseased and healthy individuals,
- suggesting that miRs play an important role in pathogenesis [18].
- In IPF, transforming growth factor- β 1 (TGF- β 1) is released in response to injury of lung tissue, which
- 18 stimulates fibroblasts differentiation to promote wound healing [18]. MiR-let-7d and miR-26 are
- 19 both decreased in IPF compared to healthy lungs, and play critical roles in regulating epithelial-
- 20 mesenchymal transition (EMT) [18]. MiR-let-7d was shown to be negatively regulated by TGF-β1
- 21 expression (via binding of the transcription factor Small-mother-against-decapentaplegic-3 (Smad3)
- 22 to the miR-let-7d promoter) in alveolar epithelial cells from IPF patients [18]. In preclinical models of
- 23 IPF a decrease in miR-let-7d function results in the upregulation of high-mobility group-A2 protein
- 24 (HMGA2), which promotes EMT and increases deposition of collagen [18]. Similarly, miR-26a was
- 25 shown to be downregulated in lungs of IPF patients and in an experimental model of IPF [19]. MiR-
- 26 26a can bind to the 3' untranslated region of TGF-β1 and HMGA2 transcripts to repress their protein
- 27 translation [20]. Thus, downregulation of miR-26a expression in IPF increases TGF-β1 and HMGA2
- levels, which subsequently promotes EMT and pulmonary fibrosis [20].
- 29 The role of miR-29 in IPF has also been extensively investigated [21, 22]. For instance, miR-29 targets
- 30 production of extracellular matrix (ECM) related proteins such as elastin, fibronectin and collagens,
- 31 suggesting that this miR has regulatory effects on ECM deposition and production [23]. Due to its
- 32 downregulation in IPF, mimics of miR-29 were employed and it was observed that increased levels of
- miR-29 had antifibrotic effects in a bleomycin induced mouse model of fibrosis [24]. Interestingly,
- 34 these effects lasted for days suggesting that mimics may have therapeutic applications [24]. Herrera,
- 35 J., et al. (2018) investigated how the ECM may also regulate miR-29 expression in myofibroblasts
- 36 [25]. They demonstrated that the ECM supressed Dicer1 expression, thus inhibiting the processing of
- the precursor of miR-29, resulting in decreased miR-29 levels and inhibition of its anti-fibrotic action [25]. MiR-708-3p was also shown to be downregulated and may also play a role in regulating fibrosis
- in IPF [26]. MiR-708-3p directly targets ADAM metallopeptidase-domain-17 (ADAM17) to affect the
- 40 GATA binding protein/signal-transducer-activator-of-transcription 3 (GATA/STAT3) signalling
- 41 pathways [26]. GATA-3 was shown to play a central role in Th2 polarization and cytokine production.
- 42 IL-4 and IL-13 were demonstrated to enhance fibrotic processes by increasing proliferation of
- 43 fibroblasts and production of collagen [27].

44

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

- 1 COPD is a term used to describe diverse and progressive disorders of the lung characterized by pronounced inflammation and destruction of the parenchyma, which results in limitation of airflow.
- 3 Tobacco smoking is one of the major risk factors for COPD [28]. Expression profiling of miRs in lung
- 4 samples from COPD patients and from individuals with normal lung function demonstrated that the
- 5 majority of miRs were downregulated in COPD patients, suggesting widespread disruption in
- 6 regulatory control of these non-coding species [29].
- 7 MiRs can also be detected in blood samples from COPD patients. For example, levels of miR-146a/b
- 8 were shown to be downregulated and negatively correlate with the levels of expression of
- 9 inflammatory mediators such as tumor necrosis factor α (TNF-α), IL-6, IL-8, leukotriene E4 (LTE-4)
- and leukotriene B4 (LTB-4) in patients with acute exacerbation of COPD [30]. This study suggested
- that miR-146a/b may be a promising biomarker to predict the risk of acute exacerbations in stable
- 12 COPD patients [30]. Similarly, miR-218-5p plasma levels are downregulated in COPD patients
- compared to control subjects [31]. Inhibition of miR-218-5p in experimental models of COPD results
- in increased numbers of neutrophils, dendritic cells and T-cells, suggesting an anti-inflammatory role
- for this miR [31]. In another study, miR-195 was found to be increased in lung tissues from COPD
- patients [32]. PH-domain leucine-rich-repeat-protein-phosphatase-2 (PHLPP2), which is a negative
- 17 regulator of Akt serine-threonine kinases, was found to be a direct target of miR-195 [32, 33]. Hence,
- 17 regulator of Act service tilleonine killases, was round to be a direct target of fill-133 [32, 33]. Hence
- an increase in miR-195 expression will enhance Akt signalling that may contribute to the persistence
- of inflammatory responses in COPD [33]. In an experimental model of cigarette smoke (CS) induced
- 20 COPD, treatment with anti-miR-195 lentivirus construct alleviated CS-induced lesions and
- inflammation in the lung [32].

ACUTE LUNG INJURY (ALI)

- 23 ALI is a severe respiratory disease characterized by acute inflammation, production of
- 24 proinflammatory mediators and destruction of the epithelial and endothelial barrier of the lung
- 25 [34]. Recent studies demonstrate that miRs play pathogenic roles in mouse models of
- lipopolysaccharide (LPS)-induced ALI [35]. In this model, miR-125b was found to be downregulated
- in the serum after LPS exposure [35]. Interestingly, miR-125 levels are also decreased in peripheral
- 28 blood samples taken from patients with acute respiratory distress syndrome (ARDS) a severe form
- of ALI [36]. Further studies demonstrated that the overexpression of miR-125b inhibits weight loss,
- decreases lung inflammation and increases survival of mice following LPS exposure [36]. These
- 31 findings may be explained by the fact that miR-125b targets TNF- α transcripts thereby inhibiting its
- 32 protein translation [37]. The overexpression of miR-454 also supresses the severity of LPS induced
- 33 ALI by decreasing levels of C-X-C motif chemokine ligand (CXCL) 1, CXCL2, IL-6 and TNF- α [38]. MiR-
- 34 454 was also shown to inhibit translation of the chemoattractant, CXCL12, in human lung epithelial
- 35 cells [38].

22

- 36 Further investigations in a mouse model of ALI have shown increased expression of the transcription
- factor forkhead-box-A1 (FoxA1), along with a significant downregulation of miR-17 [39]. Inhibition of
- 38 miR-17 function using an anti-sense antagomir resulted in the increased expression of FoxA1 [39].
- 39 This transcription factor is known to promote cell growth and differentiation in a variety of organs,
- 40 including the lung [39]. Yuan, Z., et al. (2016) have also implicated triggering-receptor-expressed-on-
- 41 myeloid-cells-1 (TREM-1), a super-immunoglobulin receptor, in the pathogenesis of LPS induced-ALI
- 42 [40]. TREM-1 promotes inflammation by increasing miR-155 expression, which downregulates SOCS-
- 43 1 protein translation [40]. The inhibition of TREM-1 function resulted in a decrease of miR-155
- expression in lung and in macrophages after exposure to LPS [40]. In this study, levels of neutrophils
- 45 and cytokines/chemokines (e.g. IL-6, IL-1 β and TNF- α) were also decreased after TREM-1 inhibition

1 [40]. The proinflammatory role of TREM-1 was inhibited by the blockade of miR-155 function with 2 antagomirs further demonstrating the relationship between these two molecules for the regulation 3 of inflammation [40]. MiR-429 has also been known to regulate inflammation by directly targeting a 4 negative regulator of proinflammatory cytokine production, the dual-specificity phosphatase 1 5 (DUSP1) [41]. Following LPS stimulation, DUSP-1 is able to inactivate p38 mitogen-activated protein 6 kinase (p38 MAPK) signalling and subsequently decreases the production of IL-1 β , IL-6 and TNF- α 7 [41]. In a proof-of-principle study, treatment with anti-miR-429 inhibitor resulted in reduced 8 inflammation (TNF-α, IL-1β and IL-6) in a rat model of ALI [41]. Xie, W., et al. (2018) have also 9 demonstrated that miR-34b-5p, a miR mainly expressed in the lungs, targets progranulin (PGRN) 10 production [42]. PGRN is expressed in macrophages and in epithelial cells and is involved in negative 11 regulation of a range of processes regulating inflammation, apoptosis and wound healing [42]. 12 Inhibition of the expression of miR-34b-5p upregulated PGRN, which subsequently resulted in the 13 attenuation of inflammation in the lungs (e.g. decreased levels of TNF α , IL-6 and IL-1 β) and 14 apoptosis in an LPS-induced ALI mouse model [42]. Epithelial apoptosis is one of the events that is 15 often associated with ALI. MiR-181a was shown to promote apoptosis in human epithelial cell lines 16 in response to LPS treatment and an inhibition of miR-181a function protects mice from LPS-induced 17 ALI by upregulating the anti-apoptotic factor, B-cell lymphoma-2 (BCL-2) [43]. BCL-2 impedes 18 mitochondrial release of cytochrome C and therefore supresses caspase-3 activation to inhibit 19 apoptosis [43]. This study demonstrated the role of miRs in regulating epithelial cell death during ALI 20 [43].

BRONCHOPULMONARY DYSPLASIA (BPD)

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

BPD is a lung disease that affects newborns and infants [44]. It is caused by long-term use of oxygen therapy and also by the use of mechanical ventilation [44]. When analysing histology samples, the disease is characterised by fibrosis, unusual elastin deposition and capillary growth, low alveolarization levels and mesenchymal cell hyperplasia [44]. Examination of lung samples from neonatal infants who died of BPD demonstrated that the expression of the miR-17~92 cluster [45] was lower in these patients, by contrast to neonates that died from diseases not related to the respiratory tract [46]. Moreover, the investigators provide evidence that the miR-17~92 cluster, known to be involved in normal lung growth and development [46], may be a biomarker to predict BPD development [46]. Similarly, miR-206 was also shown to be downregulated in human samples and mouse models of BPD, and may potentially contribute to the progression of disease by increasing fibronectin 1 (FN1) production [47]. FN1 levels are elevated in both BPD tissue and in preclinical mouse models [47]. Downregulation of miR-206 may result in the upregulation of FN1, which can then drive extracellular matrix remodelling as BPD progresses [47]. In another investigation, Lal, C. V., et al. (2018) analysed tracheal aspirates from preterm neonates and identified miRs that could be predictive of the severe form of BPD [48]. MiR-876-3p expression levels were reduced the most in these samples, and thus may be a biomarker for BPD [48]. Similar findings were found in in vivo and in vitro models of BPD. Notably, gain-of-function of miR-876-3p was shown to ameliorate the alveolar destruction in a mouse model of BPD [48]. To date, there are few miRs that have been studied in relation to the pathogenesis of BPD.

VIRAL INFECTIONS

- 42 Viral infections such as rhinovirus (RV), respiratory syncytial virus (RSV) and influenza virus (IV) are
- 43 the main triggers of exacerbation of many respiratory diseases (e.g. asthma and COPD). MiRs are
- 44 known to regulate both innate and adaptive immune responses and host antiviral immunity [49, 50].

- Ouda, R., et al. (2011) demonstrated that miR-23b inhibits the minor group of RV (RV1B) infection by
- 2 downregulating the very-low density lipoprotein (VLDL) receptor, which facilitates RV1B entry into
- 3 cells [51]. By contrast, miR-128 and miR-155 were discovered to directly target RV1B RNA and inhibit
- 4 viral replication [52]. Coincidentally, these miRs were also found to be downregulated in the
- 5 epithelium of asthmatic patients, which often have impaired anti-viral responses [52].
- 6 RSV infection has been associated with altered expression of miR-let-7b, miR-let-7i, miR-30b and
- 7 miR-221 in a cell-type-specific manner (e.g. members of miR-let-7 target IL-6 and RSV induces the
- 8 secretion and expression of this cytokine in macrophages) [53-55]. In a separate study, miR-146a-5p
- 9 (upregulated) and miR-let-7c-5p, miR-221 and miR-345-5p (downregulated) expression was found to
- be altered in the human epithelial cell line (HEp-2), which were persistently infected with RSV [56].
- 11 The functional roles of these miRNA in RSV infection remain to be investigated.
- 12 Profiling studies between healthy and IV-A infected patients reported dysregulation of 193 miRs,
- independently of the stage of the infection [57]. Downregulation of miR-302a was found to correlate
- with an increased expression of interferon regulatory factor-5 (IRF5) in throat swab samples and in
- peripheral blood mononuclear cells (PBMCs) from infected patients [58]. Further investigations
- demonstrated that increased levels of miR-302a (by using mimics) downregulates IRF5 expression
- 17 [58]. This consequently reduces the production of TNF α , interferon β (IFN β), CCL-2, CCL-5, IL-6 and
- 18 IL-8 in PBMCs infected with IV, leading to increased viral replication [58]. MiR-4776 was found to
- 19 target the regulatory protein for factor nuclear kappa β (NF-k β), factor nuclear kappa β inhibitor β
- 20 (NFKBIB), which plays a critical role in apoptosis, cell proliferation and survival [59]. Downregulation
- 21 of this regulatory protein by miR-4776 resulted in increased NF-kβ production, which may regulate
- 22 IV survival [59] (For a comprehensive review on the regulation of the antiviral responses to IV by
- 23 miRs see [60]).

24

BACTERIAL INFECTIONS

- 25 Similar to viral infections, pathogenic bacteria often infect susceptible individuals that have chronic
- 26 respiratory inflammatory diseases and are associated with exacerbation of these disorders (e.g.
- 27 asthma and COPD). MiRs are also being increasingly implicated in the mechanism of host defence
- against microbial infection. [61].
- 29 For example, we have demonstrated that miR-328 expression was regulated by p38 and c-jun N-
- 30 terminal kinases (JNK) signalling pathways, and that inhibition of miR-328 in vitro resulted in
- 31 increased non-typeable *Haemophilus influenzae* (NTHi) clearance by neutrophils and macrophages
- 32 by enhancing phagocytosis [62]. Furthermore, the use of an antagomir-328 in vivo resulted in
- accelerated NTHi clearance in mouse models of cigarette-induced (CI) emphysema and steroid-
- induced immunosuppression [62]. MiR-23a-5p has been shown to promote Mycobacterium
- 35 tuberculosis survival in macrophages and inhibit the induction of autophagy of these infected cells
- 36 [63].

44

- 37 MiRs have also been demonstrated to be involved in post-viral secondary bacterial infection. For
- 38 example, miR-155 expression was found to be elevated in alveolar macrophages isolated from IV-A
- 39 infected patients with secondary bacterial pneumonia [64]. Similarly, mice infected with IV followed
- 40 by methicillin-resistant Staphylococcus aureus (MRSA) infection demonstrated a further increase in
- 41 miR-155 expression [64]. Inhibition of miR-155 with antagomirs increased IL-23 and IL-17 production
- 42 and improved bacterial clearance in lungs [64]. These studies demonstrated that miRs function in
- 43 macrophages can be manipulated to enhance bacterial clearance.

POTENTIAL THERAPIES

- 1 An increasing number of miRs are being shown to play critical roles in a range of respiratory
- 2 disorders (Table 1). MiRs can regulate entire signalling networks that are central to pathogenic
- 3 process (Figure 1), which make them promising as novel therapeutics (mimics) or by
- 4 pharmacological inhibition. Specific miR and subsets are also indicative of severity and types of
- 5 disease making them potential biomarkers that are diagnostic and prognostic.
- 6 One of the challenges of regulating miR function is targeting specific miR in the diseased organ and
- 7 potential side-effects. Therapeutic application needs to be approached with caution as any given
- 8 miR has multiple targets and its function in different cells may alter dramatically. Of target effects
- 9 may predispose to cancer, alterations in immunity and other cellular abnormalities (e.g. alterations
- in metabolism). Another challenge of delivering miR (mimetics and inhibitors) as therapeutics is
- degradation by nucleases before modulation of targets, although their stability and half-life in vivo
- are greatly enhanced by employing chemically-modified oligonucleotides [65].
- 13 However, individual miRs or clusters are often transcribed in the context of highly specific
- 14 transcriptional programs initiated by a specific stimulus (e.g. infection, cytokine storms and
- pathogenic factors). Under these conditions, direct targeting of critical miRs, or importantly their
- 16 targets which drive disease, may be of therapeutic value. In the past few years pharmaceutical
- 17 companies have started clinical trials for miRNA-based therapies. For example Santaris Pharma have
- developed Miravirsen (SPC3649) with the aim to inhibit miR-122 function for the treatment of
- 19 hepatitis-C virus infection. In phase-II clinical trials, a locked nucleic acid phosphorotioate-modified
- 20 oligunocleotide (complementary to the 5' end of miR-122) (Miravirsen) was administered
- 21 intravenously and this resulted in the suppression of viremia [66]. Modulation of miR-34 function is
- 22 also being explored for cancer therapy. MiR-34 acts as a tumour suppressor in several types of
- cancers by regulating the p53 pathway by targeting oncogenes (MYC, MET, BCL2, β -catenin).
- However, a phase I clinical trial on liver cancer was halted due to immunological adverse effects [67].
- 25 An alternative approach may be to identify the critical targets of miR-34 and develop agents to
- 26 modulate these downstream factors.
- 27 The transition from bench to bedside for miRNA-based therapy remains to be determined. In
- 28 respiratory disease, a miR-based drug can potentially be administered locally (via inhalation or
- 29 intranasal route) to modulate disease. Direct administration of a miR-based drug into the lungs may
- 30 result in enhanced bioavailability, lower delivery dose and reduced side effects. The successful
- 31 clinical application of miR-based therapy for lung diseases will largely be dependent on the
- 32 identification of promising candidate miRs and the factors they regulate. In this regard, a full
- 33 characterisation of the downstream miRs targets and their functions are required. In addition to this,
- 34 the development of suitable carriers that allow cellular-specific uptake of miR-based drugs is also
- 35 critical to enhance efficacy and limit toxicity.

ACKNOWLEDGMENTS: This work was supported by project grants from the National Health and Medical Research Council of Australia.

Financial/Nonfinancial disclosures: None declared

Table 1. MiRNAs function in respiratory disease

Figure 1. MiRNAs regulate signalling network in lung. MiRNAs can modulate signal transduction pathway by inhibiting transcript translation. Exposure to stimuli such as allergens, infectious agent, smoke particulates, and reactive oxygen species (ROS) initiate a signalling cascade that promote inflammatory responses, cell survival and alteration in miRNAs expression. In lung, upregulation of pro-inflammatory miRNAs and downregulation of anti-inflammatory miRNAs can both promote inflammation and contribute to the pathogenesis of lung disease. Similarly, miRNAs can regulate cell survival pathway and contribute to lung injury and fibrosis.

REFERENCES

- 1. Martin, H.C., Wani, S., Steptoe, A.L., et al., Imperfect centered miRNA binding sites are common and can mediate repression of target mRNAs. Genome Biol, 2014. **15**(3): p. R51.
- 2. Cloonan, N., *Re-thinking miRNA-mRNA interactions: intertwining issues confound target discovery.* Bioessays, 2015. **37**(4): p. 379-88.
- 3. Hausser, J. and Zavolan, M., *Identification and consequences of miRNA-target interactions-beyond repression of gene expression*. Nat Rev Genet, 2014. **15**(9): p. 599-612.
- 4. Vidigal, J.A. and Ventura, A., *The biological functions of miRNAs: lessons from in vivo studies.* Trends Cell Biol, 2015. **25**(3): p. 137-47.
- 5. Fanta, C.H., *Asthma*. N Engl J Med, 2009. **360**(10): p. 1002-14.
- 6. Solberg, O.D., Ostrin, E.J., Love, M.I., et al., Airway epithelial miRNA expression is altered in asthma. Am J Respir Crit Care Med, 2012. **186**(10): p. 965-74.
- 7. Kuperman, D.A., Huang, X., Koth, L.L., et al., Direct effects of interleukin-13 on epithelial cells cause airway hyperreactivity and mucus overproduction in asthma. Nat Med, 2002. **8**(8): p. 885-9.
- 8. Martinez-Nunez, R.T., Louafi, F., and Sanchez-Elsner, T., *The interleukin 13 (IL-13) pathway in human macrophages is modulated by microRNA-155 via direct targeting of interleukin 13 receptor alpha1 (IL13Ralpha1).* J Biol Chem, 2011. **286**(3): p. 1786-94.
- 9. Liu, Z., Chen, X., Wu, Q., et al., miR-125b inhibits goblet cell differentiation in allergic airway inflammation by targeting SPDEF. Eur J Pharmacol, 2016. **782**: p. 14-20.
- 10. Polikepahad, S., Knight, J.M., Naghavi, A.O., et al., Proinflammatory role for let-7 microRNAS in experimental asthma. J Biol Chem, 2010. **285**(39): p. 30139-49.
- 11. Collison, A., Mattes, J., Plank, M., et al., Inhibition of house dust mite-induced allergic airways disease by antagonism of microRNA-145 is comparable to glucocorticoid treatment. J Allergy Clin Immunol, 2011. **128**(1): p. 160-167 e4.
- 12. Mattes, J., Collison, A., Plank, M., et al., Antagonism of microRNA-126 suppresses the effector function of TH2 cells and the development of allergic airways disease. Proc Natl Acad Sci U S A, 2009. **106**(44): p. 18704-9.
- 13. Ito, K., Chung, K.F., and Adcock, I.M., *Update on glucocorticoid action and resistance*. J Allergy Clin Immunol, 2006. **117**(3): p. 522-43.
- 14. Li, J.J., Tay, H.L., Maltby, S., et al., MicroRNA-9 regulates steroid-resistant airway hyperresponsiveness by reducing protein phosphatase 2A activity. J Allergy Clin Immunol, 2015. **136**(2): p. 462-73.

- 15. Kim, R.Y., Horvat, J.C., Pinkerton, J.W., et al., MicroRNA-21 drives severe, steroid-insensitive experimental asthma by amplifying phosphoinositide 3-kinase-mediated suppression of histone deacetylase 2. J Allergy Clin Immunol, 2017. **139**(2): p. 519-532.
- 16. Lee, H.Y., Lee, H.Y., Choi, J.Y., et al., Inhibition of MicroRNA-21 by an antagomir ameliorates allergic inflammation in a mouse model of asthma. Exp Lung Res, 2017. **43**(3): p. 109-119.
- 17. Raghu, G., Collard, H.R., Egan, J.J., et al., An official ATS/ERS/JRS/ALAT statement: idiopathic pulmonary fibrosis: evidence-based guidelines for diagnosis and management. Am J Respir Crit Care Med, 2011. **183**(6): p. 788-824.
- 18. Pandit, K.V., Corcoran, D., Yousef, H., et al., Inhibition and role of let-7d in idiopathic pulmonary fibrosis. Am J Respir Crit Care Med, 2010. **182**(2): p. 220-9.
- 19. Liang, H., Xu, C., Pan, Z., et al., The antifibrotic effects and mechanisms of microRNA-26a action in idiopathic pulmonary fibrosis. Mol Ther, 2014. **22**(6): p. 1122-1133.
- 20. Liang, H., Gu, Y., Li, T., et al., Integrated analyses identify the involvement of microRNA-26a in epithelial-mesenchymal transition during idiopathic pulmonary fibrosis. Cell Death Dis, 2014. **5**: p. e1238.
- 21. Cushing, L., Kuang, P., and Lu, J., *The role of miR-29 in pulmonary fibrosis*. Biochem Cell Biol, 2015. **93**(2): p. 109-18.
- 22. Khalil, W., Xia, H., Bodempudi, V., et al., Pathologic Regulation of Collagen I by an Aberrant Protein Phosphatase 2A/Histone Deacetylase C4/MicroRNA-29 Signal Axis in Idiopathic Pulmonary Fibrosis Fibroblasts. Am J Respir Cell Mol Biol, 2015. **53**(3): p. 391-9.
- 23. Parker, M.W., Rossi, D., Peterson, M., et al., Fibrotic extracellular matrix activates a profibrotic positive feedback loop. J Clin Invest, 2014. **124**(4): p. 1622-35.
- 24. Montgomery, R.L., Yu, G., Latimer, P.A., et al., MicroRNA mimicry blocks pulmonary fibrosis. EMBO Mol Med, 2014. **6**(10): p. 1347-56.
- 25. Herrera, J., Beisang, D.J., Peterson, M., et al., Dicer1 Deficiency in the Idiopathic Pulmonary Fibrosis Fibroblastic Focus Promotes Fibrosis by Suppressing MicroRNA Biogenesis. Am J Respir Crit Care Med, 2018. **198**(4): p. 486-496.
- 26. Liu, B., Li, R., Zhang, J., et al., MicroRNA-708-3p as a potential therapeutic target via the ADAM17-GATA/STAT3 axis in idiopathic pulmonary fibrosis. Exp Mol Med, 2018. **50**(3): p. e465.
- 27. Kimura, T., Ishii, Y., Yoh, K., et al., Overexpression of the transcription factor GATA-3 enhances the development of pulmonary fibrosis. Am J Pathol, 2006. **169**(1): p. 96-104.
- 28. Laniado-Laborin, R., Smoking and chronic obstructive pulmonary disease (COPD). Parallel epidemics of the 21 century. Int J Environ Res Public Health, 2009. **6**(1): p. 209-24.
- 29. Kim, W.J., Lim, J.H., Hong, Y., et al., Altered miRNA expression in lung tissues of patients with chronic obstructive pulmonary disease. Molecular and Cellular Toxicology, 2017. **13**(2): p. 207-212.
- 30. Chen, B.B., Li, Z.H., and Gao, S., *Circulating miR-146a/b correlates with inflammatory cytokines in COPD and could predict the risk of acute exacerbation COPD.* Medicine (Baltimore), 2018. **97**(7): p. e9820.
- 31. Song, J., Wang, Q.H., and Zhou, S.C., *Role of microRNA-218-5p in the pathogenesis of chronic obstructive pulmonary disease.* Eur Rev Med Pharmacol Sci, 2018. **22**(13): p. 4319-4324.
- 32. Gu, W., Yuan, Y., Yang, H., et al., Role of miR-195 in cigarette smoke-induced chronic obstructive pulmonary disease. Int Immunopharmacol, 2018. **55**: p. 49-54.
- 33. Bozinovski, S., Vlahos, R., Hansen, M., et al., Akt in the pathogenesis of COPD. Int J Chron Obstruct Pulmon Dis, 2006. **1**(1): p. 31-8.
- 34. Johnson, E.R. and Matthay, M.A., *Acute lung injury: epidemiology, pathogenesis, and treatment.* J Aerosol Med Pulm Drug Deliv, 2010. **23**(4): p. 243-52.
- 35. Cai, Z.G., Zhang, S.M., Zhang, Y., et al., MicroRNAs are dynamically regulated and play an important role in LPS-induced lung injury. Can J Physiol Pharmacol, 2012. **90**(1): p. 37-43.

- 36. Guo, Z., Gu, Y., Wang, C., et al., Enforced expression of miR-125b attenuates LPS-induced acute lung injury. Immunol Lett, 2014. **162**(1 Pt A): p. 18-26.
- 37. Tili, E., Michaille, J.J., Cimino, A., et al., Modulation of miR-155 and miR-125b levels following lipopolysaccharide/TNF-alpha stimulation and their possible roles in regulating the response to endotoxin shock. J Immunol, 2007. **179**(8): p. 5082-9.
- 38. Tao, Z., Yuan, Y., and Liao, Q., *Alleviation of Lipopolysaccharides-Induced Acute Lung Injury by MiR-454*. Cell Physiol Biochem, 2016. **38**(1): p. 65-74.
- 39. Xu, Z., Zhang, C., Cheng, L., et al., The microRNA miR-17 regulates lung FoxA1 expression during lipopolysaccharide-induced acute lung injury. Biochem Biophys Res Commun, 2014. 445(1): p. 48-53.
- 40. Yuan, Z., Syed, M., Panchal, D., et al., TREM-1-accentuated lung injury via miR-155 is inhibited by LP17 nanomedicine. Am J Physiol Lung Cell Mol Physiol, 2016. **310**(5): p. L426-38.
- 41. Xiao, J., Tang, J., Chen, Q., et al., miR-429 regulates alveolar macrophage inflammatory cytokine production and is involved in LPS-induced acute lung injury. Biochem J, 2015. **471**(2): p. 281-91.
- 42. Xie, W., Lu, Q., Wang, K., et al., miR-34b-5p inhibition attenuates lung inflammation and apoptosis in an LPS-induced acute lung injury mouse model by targeting progranulin. J Cell Physiol, 2018. **233**(9): p. 6615-6631.
- 43. Li, W., Qiu, X., Jiang, H., et al., Downregulation of miR-181a protects mice from LPS-induced acute lung injury by targeting Bcl-2. Biomed Pharmacother, 2016. **84**: p. 1375-1382.
- 44. Northway, W.H., Jr., Rosan, R.C., and Porter, D.Y., *Pulmonary disease following respirator therapy of hyaline-membrane disease. Bronchopulmonary dysplasia.* N Engl J Med, 1967. **276**(7): p. 357-68.
- 45. Rogers, L.K., Robbins, M., Dakhlallah, D., et al., Attenuation of miR-17 approximately 92 Cluster in Bronchopulmonary Dysplasia. Ann Am Thorac Soc, 2015. **12**(10): p. 1506-13.
- 46. Bonauer, A. and Dimmeler, S., *The microRNA-17-92 cluster: still a miRacle?* Cell Cycle, 2009. **8**(23): p. 3866-73.
- 47. Zhang, X., Xu, J., Wang, J., et al., Reduction of microRNA-206 contributes to the development of bronchopulmonary dysplasia through up-regulation of fibronectin 1. PLoS One, 2013. **8**(9): p. e74750.
- 48. Lal, C.V., Olave, N., Travers, C., et al., Exosomal microRNA predicts and protects against severe bronchopulmonary dysplasia in extremely premature infants. JCI Insight, 2018. **3**(5).
- 49. Kurai, D., Saraya, T., Ishii, H., et al., Virus-induced exacerbations in asthma and COPD. Front Microbiol, 2013. **4**: p. 293.
- 50. Gottwein, E. and Cullen, B.R., *Viral and cellular microRNAs as determinants of viral pathogenesis and immunity.* Cell Host Microbe, 2008. **3**(6): p. 375-87.
- 51. Ouda, R., Onomoto, K., Takahasi, K., et al., Retinoic acid-inducible gene I-inducible miR-23b inhibits infections by minor group rhinoviruses through down-regulation of the very low density lipoprotein receptor. J Biol Chem, 2011. **286**(29): p. 26210-9.
- 52. Bondanese, V.P., Francisco-Garcia, A., Bedke, N., et al., Identification of host miRNAs that may limit human rhinovirus replication. World J Biol Chem, 2014. **5**(4): p. 437-56.
- 53. Iliopoulos, D., Hirsch, H.A., and Struhl, K., *An epigenetic switch involving NF-kappaB, Lin28, Let-7 MicroRNA, and IL6 links inflammation to cell transformation.* Cell, 2009. **139**(4): p. 693-706.
- 54. Thornburg, N.J., Hayward, S.L., and Crowe, J.E., Jr., Respiratory syncytial virus regulates human microRNAs by using mechanisms involving beta interferon and NF-kappaB. MBio, 2012. **3**(6).
- 55. Becker, S., Quay, J., and Soukup, J., *Cytokine (tumor necrosis factor, IL-6, and IL-8) production by respiratory syncytial virus-infected human alveolar macrophages.* J Immunol, 1991. **147**(12): p. 4307-12.

- 56. B, E.F., H, N., G, B., et al., MicroRNA 146-5p, miR-let-7c-5p, miR-221 and miR-345-5p are differentially expressed in Respiratory Syncytial Virus (RSV) persistently infected HEp-2 cells. Virus Res, 2018. **251**: p. 34-39.
- 57. Tambyah, P.A., Sepramaniam, S., Mohamed Ali, J., et al., microRNAs in circulation are altered in response to influenza A virus infection in humans. PLoS One, 2013. **8**(10): p. e76811.
- 58. Chen, X., Zhou, L., Peng, N., et al., MicroRNA-302a suppresses influenza A virus-stimulated interferon regulatory factor-5 expression and cytokine storm induction. J Biol Chem, 2017. **292**(52): p. 21291-21303.
- 59. Othumpangat, S., Bryan, N.B., Beezhold, D.H., et al., Upregulation of miRNA-4776 in Influenza Virus Infected Bronchial Epithelial Cells Is Associated with Downregulation of NFKBIB and Increased Viral Survival. Viruses, 2017. **9**(5).
- 60. Nguyen, T.H., Liu, X., Su, Z.Z., et al., Potential Role of MicroRNAs in the Regulation of Antiviral Responses to Influenza Infection. Front Immunol, 2018. **9**: p. 1541.
- 61. Eulalio, A., Schulte, L., and Vogel, J., *The mammalian microRNA response to bacterial infections.* RNA Biol, 2012. **9**(6): p. 742-50.
- 62. Tay, H.L., Kaiko, G.E., Plank, M., et al., Antagonism of miR-328 increases the antimicrobial function of macrophages and neutrophils and rapid clearance of non-typeable Haemophilus influenzae (NTHi) from infected lung. PLoS Pathog, 2015. **11**(4): p. e1004549.
- 63. Gu, X., Gao, Y., Mu, D.G., et al., MiR-23a-5p modulates mycobacterial survival and autophagy during mycobacterium tuberculosis infection through TLR2/MyD88/NF-kappaB pathway by targeting TLR2. Exp Cell Res, 2017. **354**(2): p. 71-77.
- 64. Podsiad, A., Standiford, T.J., Ballinger, M.N., et al., MicroRNA-155 regulates host immune response to postviral bacterial pneumonia via IL-23/IL-17 pathway. Am J Physiol Lung Cell Mol Physiol, 2016. **310**(5): p. L465-75.
- 65. Rupaimoole, R. and Slack, F.J., *MicroRNA therapeutics: towards a new era for the management of cancer and other diseases.* Nat Rev Drug Discov, 2017. **16**(3): p. 203-222.
- 66. Janssen, H.L., Reesink, H.W., Lawitz, E.J., et al., Treatment of HCV infection by targeting microRNA. N Engl J Med, 2013. **368**(18): p. 1685-94.
- 67. He, L., He, X., Lim, L.P., et al., A microRNA component of the p53 tumour suppressor network. Nature, 2007. **447**(7148): p. 1130-4.

Disease	Expression in disease	miRNA	Function	Target	Reference
ASTHMA	up	miR-155	Regulates IL13Rα1 protein	IL-13Rα1	[8]
	up	miR-let-7	Regulates IL-13	IL-13	[10]
	up	miR-145	Regulates Th2 allergic inflammatory responses	Unknown	[11]
	up	miR-16, -21, - 126	Regulates Th2 allergic inflammatory responses	Unknown	[12]
	up	miR-9	Regulates PP2A activity and DEX-induced glucocorticoid receptor nuclear translocation	PP2A	[14]
	up	miR-21	Regulates immune polarization by targeting IL12p35	IL12p35	[16]
	down	miR-125b	Regulates goblet cell differentiation	SPDEF	[9]
IPF	down	miR-let-7d	Inhibits TGF-β	HMGA2	[18]
	down	miR-26a	Promotes proliferation and differentiation of fibroblasts into myofibroblasts	HMGA2	[19, 20]
	down	miR-29	Antifibrotic	ECM related proteins	[21, 24, 25]
	down	miR-708-3p	Regulates ADAM17 (through GATA/STAT3 signaling pathway)	ADAM17	[26]
COPD	up	miR-195	Regulates Akt signaling	PHLPP2	[32]
	down	miR-146a/b	Negatively correlated with TNF α , IL-6, -8, LTB-4 and LTE-4	Unknown	[30]
	down	miR-218-5p	Negatively correlated with number of neutrophils, dendritic cells and T cells	Unknown	[31]
ALI	up	miR-155	Along with TREM-1, regulate levels of neutrophils, IL-6, IL-1 β and TNF α	SOCS-1	[40]
	up	miR-429	Regulates inflammation (IL-1 β , IL-6 and TNF- α) by targeting DUSP1	DUSP1	[41]
	up	miR-34b-5p	Regulates inflammation (IL-1 β , IL-6 and TNF- α) and apoptosis	PGRN	[42]
	up	miR-181a	Apoptotic	BCL-2	[43]
	down	miR-17	Negatively regulates FoxA1 and other genes involved in apoptosis	FoxA1	[39]
	down	miR-125b	Regulates body weight, lung inflammation and survival of mice	TNFα transcripts	[36, 37]
	down	miR-454	Regulates permeability index and production of CXCL1, CXCL2, IL-6 and TNF $lpha$	CXCL12	[38]

Disease	Expression in disease	miRNA	Function	Target	Reference
BPD	down	miR-17~92 cluster	Could be a biomarker to predict BPD development and possibly a target to prevent the disease	Unknown	[45]
	down	miR-206	Contribute for the progression of BPD by targeting FN1, which can drive extracellular matrix remodelling	FN1	[47]
	down	miR-876-3p	Could be involved on the alveolar destruction in vivo	Unknown	[48]
VIRAL INFECTIONS					
RV	down	miR-23b	Inhibits infection by RV1B by downregulating VLDL receptor	VLDL R	[51]
	down	miR-128, -155	Target RV1B and inhibit viral replication	RV1B	[52]
RSV	up	miR-let-7b, -let- 7i, -30b, -221	Involved with regulators of the innate immune response such as NF-k $\!\beta$ and IFN type I	Unknown	[54]
	down	miR-146-5p, miR-let-7c-5p, - 221, -345-5p	Altered in Hep-2 cells that are persistently infected with RSV (functional roles in RSV infection remain to be investigated)	Unknown	[56]
IV	up	miR-4776	Controls IV production through NFKBIB expression and modulation of NF-k β production	NFKBIB	[59]
	down	miR-302a	Regulates IRF5 expression, afecting the production of TNFα, IFNβ, CCL2, CCL5, IL-6 and IL-8	IRF5	[58]
BACTERIAL INFECTIONS					
	up	miR-328	Regulates NTHi clearance	Unknown	[62]
	up	miR-23a-5p	Involved in Mycobacterium tuberculosis survival and induction of autophagy in infected macrophages	Unknown	[63]
	up	miR-155	Regulates IL-17 and IL-23 production and bacterial clearance in the lungs	Unknown	[64]

